

Monika Elmont

monikaelmont@gmail.com

Mezzo-Soprano

She/Her/They/Them

THEATER

Centrifuge	Marianne North	Sean Seu
This Show Is About Progress	Far Walker	Carol Louise Thompson
Parlor House Panic of 1893	Mistress Cora	WhatNotTheatrics
Hauntingly Halloween Delight	Cora Flowers	WhatNotTheatrics
The Bear	Gregory Stepanovitch Smirnov	Virtual Theatre 2020
Quarantine Waldo	Teacher Amy	Pineapple-Shaped Lamps
The Concise Family Seder	The Elmont Family	The Pocket Theater
And All That Stayed Was Stillness	Dancer	Zoe Wilson
Coaster Show: Best of the Best	Ensemble	The Core Ensemble

FILM

One Hundred	Lead	Justin Robert Vinall
ESSINCE	Featured	SPLIFF
When You Go With Me	Lead	48 HR Seattle Film Fest
Halle and Ramona	Lead	48 HR Seattle Film Fest
Domestic Violence Training	Lead	Seattle Children's Hospital

COMMERCIAL

WA Lottery/Seawaks	Principal	Fresh Face Inc.
Fluently Crowdfunding Video	Featured	Brendan Cescon

Print

Photo Shoot Spring '22	Principal	Nintendo
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TRAINING

BFA in Theatre, Concentration Original Works

Acting/Audition for the Camera
Voice Over and Commercial Voice Skills
Text Analysis/Acting

Voice and Speech

Stage Combat
Physical Technique

Solo Performance

SPECIAL SKILLS

Dialects: British (RP), Cockney, Irish, New York, Boston, Southern

Dance: Jazz, Modern, Pom-Pom

Pass in Broadsword, Rapier & Dagger, and Unarmed by SAFD (2019)

Hand Modeling

Neo-Burlesque	Personal Clown
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Swimming

Tumbling	Bicycle
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Cornish College of the Arts

Jodi Rothfield, John Jacobson
Kate Myre
Amy Thone, Robin Lynn Smith,
Sheila Daniels, Andrew McGinn
Kerry Skalsky, and Timothy
Piggee
Rhonda Soikowski, Kate Myre,
Alyssa Keene, and Brennan
Patrick Murphy
Geoffrey Alm
Ellen Boyle and Keira
McDonald
Keira McDonald